



Nationally
Recognised
Qualification

LEVEL 3

UNDERSTANDING MENTAL HEALTH

with  **acorn**
TRAINING

ABOUT THE COURSE

What does the course involve? This course aims to provide an in-depth understanding of mental health and mental health wellbeing to support different occupational areas. A thorough range of topics will be covered such as:

- Understanding the context of mental health and wellbeing
- Promotion of mental health and wellbeing
- Mental health problems: associated issues and consequences
- Understanding mental ill health
- Working in mental health

How long does the course run?

This course is running from now up until 31st July with rolling start / end dates and daytime / evening flexibility.

Why learn with us? We deliver flexible, online and classroom-based courses to suit your needs. We are well-placed to deliver specialist support; breaking down barriers to learning and helping you gain new skills. We can also help with travel costs and getting online.

Are you eligible? Our courses are free/fully-funded for those aged 19+ and are employed and earning less than £25,000.

Contact us

Telephone: 01782 827 827 (option 2)

Email: info@acorntraining.co.uk

Visit: www.acorntraining.co.uk

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