



**BECOME A MENTAL HEALTH CHAMPION
IN YOUR WORKPLACE OR COMMUNITY**



LEVEL 2

MENTAL HEALTH AWARENESS

with



ABOUT THE COURSE

What does the course involve? This qualification aims to focus on the study of mental health and mental wellbeing in order to raise awareness of mental health and a range of mental health conditions. The course will increase learners understanding of the causes and impact of mental ill-health and is an ideal qualification for someone looking to expand their understanding and become a Health Champion within a workplace environment.

Why learn with us? We deliver flexible, online and classroom-based courses to suit your needs. We are well-placed to deliver specialist support; breaking down barriers to learning and helping you gain new skills. We can also help with travel costs and getting online.

Are you eligible? Our courses are free/fully-funded for those aged 19+ who are unemployed, not in education or training, or employed and earning less than £25,000 per year.

What are the progression routes available? Individuals who achieve this qualification could progress to: Level 2 and 3 Certificate in Preparing to Work in Adult Social Care or Level 3 Certificate in Understanding Mental Health.

How long does it take?

This course takes around 17 weeks to complete, with one day per week dedicated to learning. Each day includes 3 hours of taught sessions and 3 hours of directed self-study.

**LEARN
MORE**

Contact us

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